



Cruiser

Canoe Cruisers Association of Greater Washington, DC, Inc.

The Chairman's Cockpit

Yesterday, I was reminded of why we paddle. Two graduates of our kayaking class asked to be led up Mather Gorge. What a treat it was to watch their eyes grow wide and their smiles get larger as we worked our way up the Potomac to Wet Bottom. To be in a cavernous wilderness-like canyon inaccessible except to paddlers this close to a metropolitan area is beyond words.

What a beautiful summer. Alf's list of trips gave us so many choices —daytime, sunset, weekends, weekdays — with wonderful variety and regularity. Still we could add more. If you love to paddle and love CCA, our trips are the heart of the Club. Please consider sponsoring a trip of your skill level and interests. Could be: canoe camping, a moonlight or family paddle, local or far afield, challenging or calm.

Thanks to ACA instructor Gary Steinberg and his four assistants., our class *Kayaking Instruction and River Trip* held on August 18 at the the Needles in Harpers Ferry was a solid success. To watch people that are new to paddling and have become personal friends, become competent and confident on whitewater sends chills.

Two weeks prior, ACA Instructors Ron Ray and Wendy Klinke offered a CCA sponsored Swiftwater Rescue Class. Here instruction met reality as some of the more serious rescue scenarios were reenacted - foot entrapment, boat pinning, strainer survival, crossing a river using the paddle and rescuing swimmers in multiple situations. The venue was not too shabby either - The Little Shop of Horrors Rapid, the Feeder and Z Channel bottom drop. CCA's investment in rescue equipment, ropes, carabiners et al has paid off ... again and again. The students and instructors went home physically exhausted each day but more and more confident in their abilities to handle hazardous situations.

Susan Sherrod just has foot surgery so will be off the river for hopefully a brief time. Just told that Kay Fulcomer's mother passed away at 103. She was the mother and grandmother of several paddlers. We send condolences.

SYOTR

Barb



Paul Schneider on Seneca Creek;
Always a joy to see our friend on the water

Nominations for CCA officers.

The Nominating Committee shall present a slate of candidates for CCA Officers at the September/October general membership meeting. At this meeting, the general membership is encouraged to add other candidates. The proposed slate shall be published to all CCA members in the November/December newsletter. The final deadline for additional nominations for Officers may be submitted by the general membership or the Nominating Committee members to the Nominating Committee up to 10 days before the December meeting, with prior approval of the nominee

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CCA Meetings 7:30 pm
Clara Barton Community Center,
7425 MacArthur Blvd.

Cabin John, MD

Directions: <http://www.canoecruisers.org/meetings.html>

CCA Programs Coordinator:

Ed Gertler: 301 585 4381 e_gertler@yahoo.com.

CCA Meeting 7:30 pm

Monday, September 30: Sea Kayaking Video

Monday, October 28: "Beating Putin to the Put-in."

Friday, December 6, 2019: Annual Swap Meet And Holiday Party

Monday, September 30, 2019 program

This evening we put the spotlight on the sea kayaking segment of our paddling tribe, screening another of the very good This is the Sea video series. The feature will focus on some tidal surfing, amazing rolling, and a tour of the beautiful Faroe Islands. These folks do some very interesting things, so come check it out.



Sea Kayaking in Lake Superior, stock photo



Maro Waterfall, Nerja, stock photo.

Monday, October 28, 2019 program

"Beating Putin to the Put-in." That is title of a unique presentation by your program chair, Ed Gertler, to introduce you to the surprising wonders of the Baltic States.

Submissions to the Cruiser

Should be made via e-mail to newsletter@canoecruisers.org, or directly to the editor at jodyg13@hotmail.com or submitted on disk, or typed for scanning. No special formatting is required and is discouraged, also use plain easy to read text (fonts) such as arial or times new roman. Single spaced preferred. **Photos**—are strongly encouraged and can be e-mailed (preferred), or snail-mailed. Color photos are preferred.

Advertisements: Classified Ads—The first 5 lines are free. Each additional line is 75 cents per line. Send classified ads to newsletter@canoecruisers.org; **Lost & Found**—No charge. **Give-Aways**—No charge. **Paddlers Flea Market**—on the web at canoecruisers.org—No charge. **Display Ads**—Special Rates are available regular prices: Quarter page \$40, half page \$75, full page \$150, insert \$300-\$450. Display ads can be submitted via e-mail, 3.5" disk or CD-R. Hard copy ads will be scanned. Advertisers receive a link on our web site. For additional information, e-mail newsletter@canoecruisers.org, or advertising@canoecruisers.org or call Joan Goodbody, editor at 703-887-5013. **Payment**—must be received prior to publication. **Mailing Address**—Cruiser Editor, Canoe Cruisers Association, c/o Virginia DeSeau 1105 Highwood Rd., Rockville, MD 20851 or direct to editor at: 7829 Curtis Lane, Spotsylvania, VA 22551.

Kayak Class & River Trip Report: Potomac River "Needles", August 18

Submitted by Gary Steinberg

Six students and five instructors / safety boaters had a fun and productive day on the Potomac near Harpers Ferry. The Needles was perfect for practicing eddy turns, peel outs, ferries, plus a little surfing as our students worked on Class II/III skills. We had a good mix of successful maneuvers plus a few swims (with uneventful recoveries) showing folks were pushing themselves to learn. White Horse was a great exclamation point at the end of the whitewater – fast bouncy wavy fun, and a successful student combat roll!

Perhaps the most challenging part of this hot day was to get people back in their boats after lunch when floating around in PFDs in the cool water was so awesome :)

Having so many instructors/safety boaters made it easy to provide a high level of support and instruction for our students. One thing to change next time: get on the water faster / shorten the on-land discussion.

This was a great group of people to be with on the river!

Quotes from Participants

"The class was very good & covered all the points. The instructors knew their stuff."

"I very much enjoyed the class. I felt like I had the flexibility to push myself to improve, without being pushed to do anything I was not ready to try. We celebrated my successes, but I also felt fully supported in taking risks in an effort to improve my skills."

"Needles was awesome. A beautiful area with lots of opportunities to practice eddying, surfing, and peel outs."

"I thought the amount of instruction was terrific, and of course instructors were willing to answer any questions. There was plenty of time for trying new skills out on the river. I especially appreciated the tips on how to hop into/ferry across holes and rapids."

"I enjoy helping with the classes, it's a way to rub against the brand new excitement without being a beginner/novice again. I felt that if I conveyed the pleasure and enjoyment of paddling that helps students want to learn and do it again."

Logistics & Water Info

Location: Potomac River, "Needles". We met at 8am and were off the water by 5pm.

Put In: River Riders, Bakerton WV, just above Dam #3. The flat water pool above the dam is perfect for a warm up before the white water. Take Out: Weverton, MD. The character building part of the program.

Water Levels: Potomac R at Hancock 934 cfs; Shennandoah at Millville 1,400 cfs. At this water level there are lots of ledges and rocks with clean chutes and eddies, not scrappy, not pushy.

Weather: 90's and sunny

Students & Instructors/Safety Boaters

Students: Allison Holliday, Pamela White, Gordy Lang, Alex Dadok, Sarah Meyers, Robert Walton. Instructors & Safety Boaters: Gary Steinberg, Barb Brown, Jim Long, Kathleen Sengstock, Diane Lavoie.

Photos by Barb Brown



Swift Water Rescue Level 4 by Ron Ray

Saturday and Sunday, August 3 and 4, CCA offered an American Canoe Association (ACA) Swiftwater Rescue Level 4 (SWR L4) course, taught by ACA instructors Ron Ray, Wendy Klinke, and Frank Cook. We had 11 students for this mentally- and physically-demanding course. Everyone was beat at the end of both days.

We taught the course at Lock 5, the Feeder Canal, and Z-channel on the Potomac. There are three key themes in the ACA SWR L4 curriculum: Plan/Prepare/Prevent, mobility in the river, and specific skills to clear an incident. Plan/prepare/prevent is the boring, lecture, on-land stuff... but it's what prevents the on-water excitement that you really don't want to have. The best accident is the one that never happens. Mobility in the river is wading and swimming. These skills help you get out of the water if you're the victim, and get to the victim if you're a rescuer. The incident-clearing skills are the ones you hope you never have to use. OK, simple boat-based stuff like plowing an empty boat to shore and towing a swimmer to shore on your boat is the bread-and-butter of an uncomplicated swim. The complicated stuff like live-bait, getting over a strainer, and Z-drags is fun, but if you're using them, you probably are wishing you weren't using them.

We recommend that every paddler take a rescue course and keep up with their skills. Most bad events don't happen on gnarly Class V whitewater. We also recommend that paddlers keep up with CPR and first aid training. You hope you never have to use these skills, but when things go really bad, there is no substitute.



Allison Holliday's Experience At SWRL4

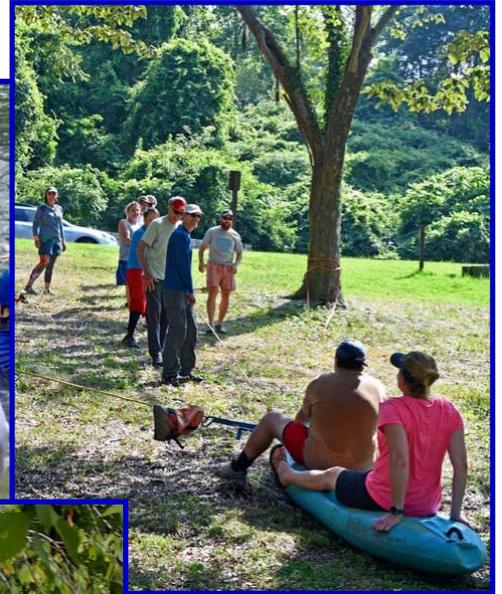
I am a new member of the CCA and I would like to share my experiences of the Swift Water Rescue (SWR) and Whitewater Paddling classes. I have been kayaking for a few years casually with my friends but have never taken any kayaking lessons before. So first of all, I would like to give a special thanks to the CCA, the trainers, and the class volunteers for making this all possible.

The SWR class was fun and exciting. The class was filled with boaters of all skill levels and we got to experience real life practice scenarios for rescue. We also did practice drills for many skills like the all-important rope throw, strainer emergency, foot entrapment, and wading in water. The topics covered ranged from scene commanding, to rope knots, to proper gear to have in the paddling group. There was a tremendous amount of information provided and even if you have taken the class before there are still many things that you can learn and get updated on.

The whitewater paddling class was another fun day on the river. We focused on proper paddling technique, reading water, surfing, and other basic skills like eddying out. We spent the day laughing at our group conversations, learning, and improving skills in a relaxed environment. It was a wonderful and productive day on the river.

To wrap this up, this is what I got from these classes. I have since improved my kayaking skills because a little instruction goes a long way. I got to learn new vocabulary, practice, and develop skills on club trips. Overall, I have increased my confidence on the water especially during critical and stressful situations. In the future, I will volunteer for classes to sharpen my own skills and pay it forward so that others can also learn from these wonderful opportunities. I recommend taking the classes or even volunteering because there is a lot of information covered and you will learn something from new from it. While most of these skills are not used often in real life scenarios, keeping them sharp, and advancing your skill level may save you or someone else in the future. SYOTR!

Swift Water Rescue Level 4 Photos By Barb Brown



Worn Out instructor. ↑
A deep-water entry from high up. And you thought this was just jumping in the water? OK, it is fun →



Need more pull and have a lot of people? Just put them on the rope!
FINALLY, Wendy gets rescued. The instructors like to set up evil scenarios. ←
Pinning rock in Z channel? A Shallow-water entry.

Wait, you mean we can actually stand up in the river? Paddle-assisted solo wading.



Party pictures from the pinning rock in Z-channel. "This is why it's called the pinning rock. Now you get to unpin the boat. OK Ron, that pin wasn't so bad. We have the boat back. Dang it, we shouldn't have unpinned it so easily. Now Ron's gone and pinned it harder. Wendy is laughing, and Ron is off-camera just smiling. Uh-oh..." ↗



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Violettes Lock, 9/01/2019, Trip report by Pam White

We had 7 kayakers and 8 canoeists today, so split the larger group along party lines. Tim led the Canoeists and Pam led the kayakers. Among the kayakers (Wayne, Gordy, Peter, Alex, Bob, John, and myself) there was a fair bit of playing, but no swimming under my expert leadership. ;-). The canoe half of the trip went equally well with Ginny and Gary Quam, Bob Whiting, Tim Brown, Keith Edmondson and Dianne Whitaker, a friend of theirs named Mike, and the redoubtable Mr Tilson. That's 1 OC2 and 6 OC1s. The kayakers beat the canoes across the river and kept up their lead all day. The canoes caught up with the kayakers a bit at the Surfing Ledge, but the kayakers plowed on ahead while the canoes dawdled. Gary brought his fast boat, an Ocoee, to play with. The canoeists stopped at Memorial Beach for a snack and a knee break. They arrived back at Violette's around 12:20 when the last kayaker, Alex Dadok was leaving. Overall, a pleasant paddle for all involved with nothing untoward to report. It was an overcast morning with no sign of the Coast Guard. Little Falls gauge read 2.98 and dropping, revealing rocks and ledges not seen in awhile. Turtle count: 2.

Note: With the water level so low, the log jam after Jacuzzi is the most impassable I've seen it this year.

Additions from the peanut gallery:

Summer is closing down. The persimmons along the canal are ripening. If we're lucky we might be there to pick a few in the two hour interval between pucker and rotten. The late summer purples are flowering: brilliant tall Phlox, deep purple NY ironweed, and big billowy dusty purple Joe Pye weed. These plus the yellow late sunflowers and goldenrods hint that shirtsleeve paddling days are numbered. The hydrilla - or sub aquatic vegetation (SAV), as John would call it - in the C&O Canal is now dying back, making for an easier paddle up the canal. The canal actually seemed to have more water in it. All the canoes (even the tandem) boofed the log at the start.

These Sunday Paddles go thru October Please come out and join the fun.



Wednesday
Night Paddle on
Violettes Lock.
Allison Holliday
and Laura Kurup



Photo by Mike Aronoff

When a Novice Run Goes Bad

Without the constriction of the debris, this rapid in the GW canal, is practically flat, totally benign. However, all summer long the accumulated wood has prevented paddling on the river right side of the island. Despite attempts to saw and clear, repair has been futile. On Sunday a new set of logs floated down totally blocking the entrance, proving once again, not matter how well you know a run, there can be sudden, dangerous surprises. If needed, rub your eyes with disbelief - but do not attempt to run this life-threatening hazard.



2019 Event Schedule

Mark your calendars!

November TBD: S-Turn Giant Slalom (Great Falls, VA)

The event season has been a great success with:

August 10 Little Falls Race #2,

August 17, 31st Ar
Festival

Join us!

www.greatfallsfoundation.org

www.potomacfestival.org

facebook.com/greatfallsfoundation

facebook.com/presidentofthepotomac

president@greatfallsfoundation.org

Patapsco through the old Bloede Dam

CCA's pioneers! First paddle down the newly freed Patapsco by John Snitzer July 2019.

There has been discussion this week about canoe zero on the Patapsco Hollofield gauge: 500, 200, 300, 150 cfs? What is the minimum and where is the sweet spot? It was agreed, even by the skeptics that today's volume of 320 at put in was a fine lower level. There was minor scraping in the rock gardens below the Rt 40 overpass but all rapids were padded if not fluffy.

This was a first time trip through the revived section of the river formerly smothered under Bloede Dam and Reservoir for all of us: Wayne, Cindy, Larry, Ed, Tony, and John. A few had walked the area last winter for a look but today was out first descent. The several hundred yards are class 1-2 whitewater, interesting and quirky but not difficult. Man-made whitewater has a different character than the real thing. There were lines of boulders and artificially graded banks. Big boulders are perched on top of the ground rather than bedded in, with no moss or lichens. There does seem to be enough stone in the river bed and lower banks that the flow of the river has material to work with to create a more natural watercourse over time. It was a huge thrill to paddle a "new" piece of whitewater so close to home, and even more exciting to realize that we had shared in an Ed Gertler first descent, a rare event indeed. There is quite a bit of gradient here, for the Patapsco, so it will be interesting to see this stretch with a lot more water.

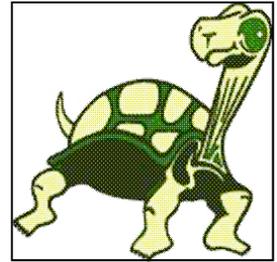
The take out for the extended paddle was in the Avalon Area of Patapsco Valley State Park just off Route 1. The \$ 2 per car and well worth it for a class 1 takeout on a gravel beach on river right. We saw a fine stone arch bridge, the Thomas Viaduct (1833-35, Benjamin Henry Latrobe II, still in use) near the park entrance. Note that we ended up in the park after finding that an old favorite take out at Route 1 has been blocked by a new guardrail.

The addition of the Bloede Dam section and the mile or two of fast water down to the park take out adds an hour or more to the traditional trip but was well worth it today. All paddled elegantly. Trip was rated 10/10.



Everyone likes to paddle: John Sunda and his dog surfing at Violettes Lock on Mikey Bs Wednesday Night Paddle. By Barb Brown.

CCA Event Schedule and Calendar



N = Novice

PN = Practiced Novice

LI = Low Intermediate

I = Intermediate

HI = High Intermediate

A = Advanced

E = Expert

WE NEED TRIPS—To have a trip listed on this schedule, send an email to trips@canoecruisers.org or contact Barbara Brown at PotomacB@verizon.net, 301-765-9115 or Alf Cooley at alfcooley@gmail.com, 703-442-7935.

Always go to CCA website for additional trips and up to date details.

<http://www.canoecruisers.org>

You can sign up for our Pickup Trips email list by contacting trips@canoecruisers.org.

Weekly trips:

Thursday Paddles - I - From March through November. Primarily paddle Class II and III creeks and rivers in WV, MD, VA and PA. A weekly email is sent out, usually on Tues. or Wed., informing our paddlers of the scheduled trips. To join the weekly email list contact thursdaypaddlers@canoecruisers.org 2-Trips-PN-Class I/II. Can also contact David Cottingham david.cottingham@starpower.net 202-966-8678

Sunday Paddle 9:00 am Location TBD. To receive email notification contact trips@canoecruisers.org. 3-Trips-LI-Class II/III

September 2019

9/28/2019 10:00 Savage Release - 1,000 cfs - Seek Coordinator A whitewater recreational release from Savage River Dam is scheduled for Saturday, to be 1,000 cfs from 10AM to 4PM. Contact: Susan Sherrod.

9/30/2019 19:30 CCA Meeting Tonight's program will feature a video on sea kayaking. Clara Barton Community Center Meetings Edward Gertler e_gertler@yahoo.com (301) 585-4381.

October 2019

Saturday, October 5, 2019; **The CCA picnic** will feature food, fun and paddling. This is a potluck picnic, so please bring a dish to share. Paddlers should meet at 9 AM at Violettes Lock. See website for further information.

10/12/2019 8:00 New Jersey Pine Barrens October 12-14 (Columbus Day Weekend): New Jersey Pine Barrens (Pending) An Annual Adventure. Contact Ed Evangelidi ([edeavage \[at\] localnet.com](mailto:edeavage[at]localnet.com) , [eevangelidi6 \[at\] gmail.com](mailto:eevangelidi6[at]gmail.com)). 0-Trips-Family Friendly

10/12/2019 8:00 Lehigh Release Camper John Snitzer & Alf Cooley coordinating. Please let us know if you're interested - and we will work out details. This trip hasn't been on the CCA dance card for several years, so we're looking for paddlers who can tell us how. ca 3.5 hours/ 215 miles north of Washington in the southern Poconos. We'll work out a consolidation 3-Trips-LI-Class II/III Alford Cooley alfcooley@gmail.com (703) 442-7935 703 963-5998

10/13/2019 8:00 Lehigh Camper - Day Two John Snitzer & Alf Cooley coordinating. Please let us know if you're interested - and we will work out details. This trip hasn't been on the CCA dance card for several years, so we're looking for paddlers who can tell us how. ca 3.5 hours/ 215 miles north of Washington in the southern Poconos. We'll work out a consolidation. 3-Trips-LI-Class II/III Alford Cooley alfcooley@gmail.com (703) 442-7935 703 963-5998

10/21/2019 19:00 CCA Board Meeting Please send your agenda items to Jen Sass sass.jen@gmail.com and Barbara Brown PotomacB@verizon.net. Star Mitchell Meetings V. Star Mitchell starmitchell@verizon.net (301) 530-3252 240-498-7943

10/27/2019 10:30 Mallows Bay Ghost Fleet Paddle the newest Marine Sanctuary in the nation. View the partially submerged remains of more than 100 wooden steamships that were built in response to threats from World War I-era German U-boats that were sinking ships in the Atlantic. Bring lunch and water. Trip time is set to coincide with low tide. Mallows Marine Sanctuary 0-Trips-Family Friendly Susan Sherrod sgsherrod@outlook.com 703-725-4278 703-725-4278

10/28/2019 19:30 CCA Meeting Clara Barton Community Center Meetings Edward Gertler e_gertler@yahoo.com (301) 585-4381

December 2019

Friday, December 6, 2019: Annual Swap Meet And Holiday Party. Edward Gertler e_gertler@yahoo.com (301) 585-4381



Canoe Cruisers Association Board Meeting, August 26th, 2019 Highlights

Attending – Star Mitchell, Jen Sass, Ron Ray, Barb Brown, Mark Wray, Ginny DeSeau, Susan Sherrod, Alf Cooley

Thanks to Barb for hosting the crew at her beautiful home for an ‘al fresco’ patio meeting overlooking our beloved Potomac, complete with bullfrogs croaking.

Membership - Ginny

Donations received, thank you notes sent. Membership is stable overall.

Conservation – Kathleen, Kay

Security Zone comment letter – Jen, Gordy, Risa, Barb, Kay

CCA submitted detailed comments on the second interim rule, that were overall supportive but also identified some important ways that the final rule should be clarified and improved. Our comments are being reviewed by the Coast Guard. They are Document ID USCG-2017-0448-0645 at <https://www.regulations.gov/document?D=USCG-2017-0448-0645>

ACA Green Paddle Award nomination – Jen, Barb, and Risa are writing up a nomination for CCA for the ACA Green Paddle Award for protection of waterways, due to our Trump Golf Club lawsuit. The nomination is due at the end of this month, Aug 30th. Jen will submit it.

River Access – Gordy

Barb reported on the Weverton feasibility study has been made public. For the CSX railroad crossing, they want to either build a bridge (the CCA and Appalachian Trail preference) or have an at-grade crossing (the AW and park preference). CCA wants a real permanent access to the river, preferably the bridge; CCA would also like a bridge at Sandy Hook.

https://docs.wixstatic.com/ugd/116f69_5126c6b9123c42d3bbdbc1d03d45370f.pdf
2

The C&O canal is now watered from Violettes Lock to Pennyfield, and from Swains Lock past the Great Falls Tavern to Lock 17. There are new locks at Great Falls (Lock 17-20).

Trips – Alf Cooley

We filled the calendar with trips this past season, 2.5 months. The Trip Coordinators posted 25 trip reports. We are training the Trip leaders on posting their trips and on sending out group emails announcing them; C&O Canal - Level 4 (GTN to Lock 5) is now navigable. We have started an on-line report of the levels. Little

Falls is now in the 3.0 range for the first time in two years and trips are going down it regularly.

Alf started a weekly broadcast of upcoming trips for the membership.

Sunday Paddles have included 11 trips, mainly on the restored GW Loop (there have not been any disturbances in the security zone). There has also been trips to the Needles, and twice Gus Anderson has done skills practice. There has been about 10 paddlers on each trip. Big thanks to the regular Sunday coordinators: Tim Tilson, Wayne McDaniel, Peter Ryan, Gary Quam, Pam White.

Thursday Paddles in the last month have included 7 trips of 44 paddlers. For the year to date, there have been 36 trips with 228 people (67 individuals) on 18 different streams.

Weekend Paddles have included two Bloomington releases, and a Needles trip all led by Beth Koller. A trip to the North Branch Potomac from Dawson to Pinto was organized as a multi-Club trip with the Coastals, BRV, and CCA. Beth led a BRV trip on the Lower Antietam. Jim Long led a trip on the Rappahannock Fall Line. We don't have regular autonomous weekend coordinators. Wednesday Paddles led by Mike Baummer happen weekly, mainly up at Violettes Lock, with a rough average of about 7 paddlers on each of 11 total trips. Trips Coordinator – Alf is looking to pass the baton on this fun and rewarding job. Please step up!

Instruction – Mark Wray

A whitewater skills class with Gary Steinberg was a wonderful success. It was held on the Needles, with 6 students and 4 instructor-helpers (Barb, Kathleen, Jim Long, and Deanne). Gary is also willing to host clinics, and CCA is planning another skills class next year.

Swift Water Rescue – Ron and Wendy Klinke, with help from Frank Cook, held a weekend swift water rescue class. There were 11 students. All went well. Ron is planning a future class that will focus on safety: plan, prevent, prepare. It was a wildly successful – thanks Ron and Wendy!

Pool Rolling – Ron will start negotiating with the pool folks for a contract for the coming winter pool sessions. The Board approves Ron for authority to negotiate with the Piney Branch pool people and sign the contract if he sees fit. Howard/Ginny. Approved.

Outreach and Communication – Susan

Potomac Festival Display – CCA had a great tent with big photos, a knot-tying display, and other Club bling. It was a very engaging display. For the future, we will develop a display of the Club's work on river access (example, Weverton, filling the Canal at Little Falls, etc.).

Cont from previous page

Events –

Fall picnic is set for Saturday, October 5th at Rileys. Set up at 10 AM, food at Noon. Star will organize and delegate as needed.

Winter party is Friday, Dec 6th

Nominating committee: The Chairman of the Nominating Committee must be a Steering Committee member. The Nominating Committee may be composed of Steering Committee members or the general membership. The Nominating Committee shall present a slate of candidates for CCA Officers at the September/October general membership meeting. At this meeting, the general membership is encouraged to add other candidates. The proposed slate shall be published to all CCA members in the November/December newsletter. The final deadline for additional nominations for Officers may be submitted by the general membership or the Nominating Committee members to the Nominating Committee up to 10 days before the December meeting, with prior approval of the nominee. The new slate of candidates will be published on-line, to the general membership, before the December meeting.

2019 Elected Officers

- Chair:** Barbara Brown
- Secretary:** Jennifer Sass
- Treasurer:** Jim Landfield
- Membership:** Ginny DeSeau
- Standing Committee Chairs**
- Advertisements:** Alf Cooley Tijen Baydur
- Archivist:** Barbara Brown
- Conservation and River Access:** Kay Fulcomer
- Cruiser Editor:** Joan Goodbody
- Downriver Race:** TBD (Interested contact Barb Brown)
- Family paddling:** Miki Komlosh
- Instruction:** Mark Wray
- Pool Rolling:** Ron Ray
- Meeting programs:** Ed Gertler
- River Safety:** Ron Ray
- Roster:** Susan Sherrod, Barbara Hoover
- Social Events:** Star Mitchell
- Social Media:** Jennifer Sass
- Trip Schedule:** Alf Cooley
- Thursday Paddlers:** Mark Brenneman
- Webmaster:** Susan Sherrod
- Wednesday Paddlers:** Mike Baummer

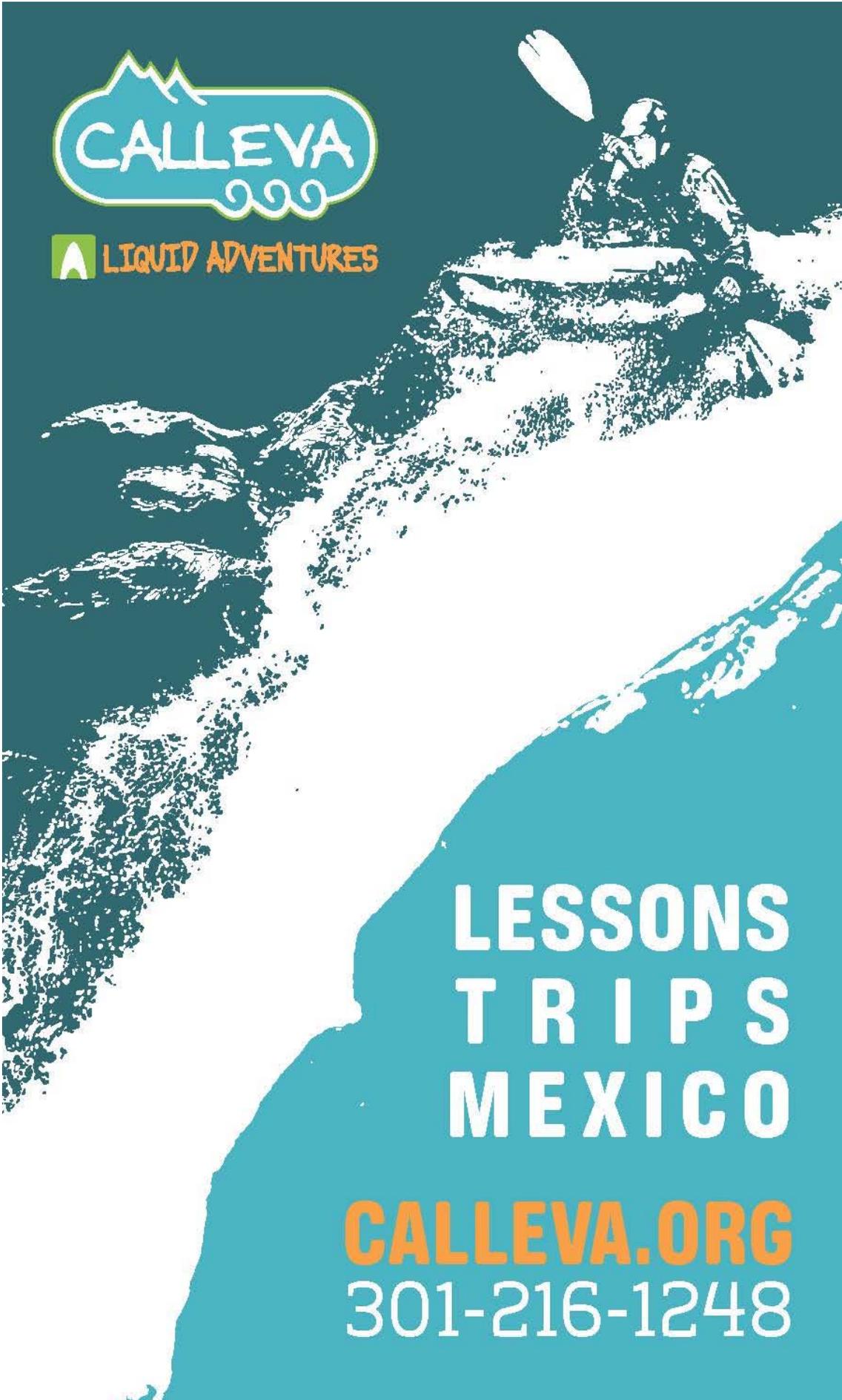
Steering Committee

- Jan Wolf 2019-2020
- Lisa Fallon 2018-2019
- Daniel Mullins 2018-2019
- Risa Shimoda 2018-2019
- Gordy Lang 2018-2019

Family paddle at Balcony Falls on the Upper James. Paddlers are Miki Komlosh, Netta and Raleigh Williamson. Photo by Nathan Williamson.



Melissa Ryan negotiating Yellow Falls for the 1st time under the careful eye of Kathleen Sengstock, Photo by Barb Brown



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Potomac Festival August 17, 2019 Some exciting moments

Photos by Barb Brown



Little Falls Second Set by Gary Quam



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Paddle Some History

Canoe Rentals & Gear (At The Creek)

Year Round Shuttles

Class I - II Creeking (22 Miles Of It)

Bring The Kids And The Dog

www.antietaamcreek.com



Canoe Cruisers Association

Canoe Cruisers Association of Greater Washington, DC
c/o Virginia DeSeau
1105 Highwood Rd.,
Rockville, MD 20851

Attention
Deadline for
Holiday 2019 issue
Friday
November 8



Paddlers Garden:

By Barb Brown.