Montgomery Sycamore Island Club Liability Release/Waiver of Claims for Adults

I confirm that I have been advised on the many risks and dangers of swimming in and using a canoe, kayak, paddleboard, or other watercraft upon the Potomac River (specifically including the extreme danger of venturing near the Little Falls Dam). These include, but are not limited to, accidents relating to putting watercraft into the Potomac, slips and falls, overturning of watercraft, loss of balance, collision with and entrapment by objects in the Potomac, hypothermia, inclement weather, encounters with animals, and activities of other participants. I further confirm that I understand there are other risks associated with the use of the Sycamore Island Club's facilities, including but not limited to swings, zip-lines, and stairs. Knowing the risks and dangers necessarily involved in swimming in and venturing on the Potomac in such watercraft, and knowing that unexpected and foreseen dangers may arise during such activity, as well as the risks associated with the use of Sycamore Island Club facilities, I voluntarily assume all risks of death or injury to my person and my property that may be incurred in connection with or as a result of any activity I undertake on Sycamore Island and in the Potomac. I agree I will wear an approved personal flotation device while engaged in water activities and will employ other safety equipment, as appropriate. I confirm that I will not use any watercraft unless I am familiar with it and understand appropriate safety precautions.

In consideration of the access granted to me to enter the Club premises, to swim in the Potomac, and to use a canoe, kayak, or other watercraft belonging to the Club, or to launch or land a watercraft from or onto Club premises, I do hereby for me, my heirs, administrators, and assigns, release, remise, and discharge the Club and its officers, directors, members, employees, and agents of, from all liability or claims that may arise as a result of my activities on the Club premises or the Potomac River, or during or as a result of my use of the Club, its facilities, or any Club watercraft or watercraft launched from the Club premises, whether due to negligence or any other fault.

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Date	Name	;	Signature	